

RELAXATION CDS



MINDFIELD® RELAX CD WITH 20 GUIDED RELAXATION EXERCISES (MP3)

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SKU: RLX-CDR

Price: €19,90



MINDFIELD® BRAINWAVE CD - 80 MINUTES OF AUDITORY BRAINWAVE ENTRAINMENT (ALPHA WAVES)

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SKU: APH-CDR

Price: €19,90